

## Erasmus+ Mobility Programme HOSPITALITY AND CATERING



**Staff in Vocational and Training Organisations**

**Study visits**

**Staff in adult learning organisations**

We provide:

Visit to different types of companies in hospitality and culinary arts.

Practical training sessions: Greek cuisine, Mediterranean cuisine, wine tasting, molecular mixology.

Accommodation, transport and practical arrangements

## Indicative programme

This mobility programme addresses teachers and trainers in hospitality and culinary arts sectors and consists of a study visit of one or two weeks, in Athens.

IDEC offers an integrated training programme, where the participants will have the chance to learn about VET studies in Greece, hospitality sector in Greece, vine cultivation and wines, Greek dishes, practice cooking, wine tasting and bar tendering. The programme includes visits to different companies as well practical activities in the companies and in the training centre.

An indicative two weeks programme is presented below.

<b>Sunday</b>	Arrival, pick up from the airport and transfer to the hotel
<b>Monday</b>	Welcome – presentations Vocational education system in Greece, in occupations: hotel, restaurant and catering services. Qualifications, accreditation of training centres
<b>Tuesday</b>	Presentation and demonstration: vine cultivation, types of wine and ways of serving them Practice in recognition and serving of wines
<b>Wednesday</b>	Presentation and demonstration: typical Greek dishes Practice in preparing Greek food
<b>Thursday</b>	Visit to Vinery Vinery tour, wine tasting, types of wines, characteristics and combination with different foods.
<b>Friday</b>	Presentation: organization of hotel services, managing guest houses and hotels. Practice in simulated hotel reception and hotel rooms
<b>Saturday</b>	Free day
<b>Sunday</b>	Free day
<b>Monday</b>	Visit to the bar of Molecular mixology MOMIX Introduction to molecular gastronomy, types of cocktails, demonstration.
<b>Tuesday</b>	Visit to a 3* hotel. Participants will have a tour in the hotel: reception desk and guest services centre, kitchen, restaurant and bar.
<b>Wednesday</b>	Visit to a 5*hotel. Participants will have a tour in the hotel: reception desk and guest services centre, kitchen, restaurants, lounge bar, pool bar and restaurant, SPA.
<b>Thursday</b>	Visit to an NGO, non-formal training in NGO
<b>Friday</b>	Sum up, reflection on personal training expectations Evaluation of the mobility programme, Certification Farewell
<b>Saturday</b>	Departure, pick up from Hotel and transfer to Athens El. Venizelos Airport



Study visits are organised for a group of minimum of 4 persons. The mobility programme duration and content can be adapted to suit the needs of the group.

At the end of the mobility the participants will receive the Europass mobility certificate, with activities performed and learning outcomes acquired.

## Accommodation and subsistence

The groups will be hosted in a hotel or self-catering apartments in the centre of Athens. The choice of the hotel and subsistence arrangements depend on the preferences and the available budget of the group. Different options will be offered.

## Transport

Transport is provided from/to Athens airport to/from the selected hotel in the centre of Athens.

Weekly transportation cards can be provided at an additional cost.

## Cultural activities

Cultural activities and common dinners will be organised as integrated part of the mobility programme.

Proposed cultural activities are:

- ❖ Common dinner in Piraeus, organised on the first day of the programme, combined with a 40 minutes walking tour in Pasa Limani and Microlimano. Meal with seafood, wine and dessert.
- ❖ Guided visit to the Acropolis hill, the Parthenon and Acropolis museum, walking from the Acropolis museum to Monastiraki square. The tour will last 3.5 – 4 hours.
- ❖ Visit to a winery, combined with an excursion to Sounio (Cape Sounio, the temple of Poseidon and Sounio beach). Optional swimming.
- ❖ Common dinner in Athens in a traditional restaurant with Greek live music and dancing. Meal with meat plates, wine, dessert.



## Costs

Organisation of mobility	350 € per person
Accommodation	Depending on choices can be from 40 € per person per day
Transportation from/to airport	24 € per person
Local transportation card (5 days)	9 € per person
Common dinners	25 € per person per dinner
Guided tour to Acropolis hill and Acropolis museum	35 € per person (entrance to Acropolis and Acropolis museum not included)
Excursion to Sounio	50 € per person
Entrance to the winery	20 € per person, includes guided tour to the winery and wine tasting of 5 different wines