

## Erasmus+ Mobility Programme THERAPEUTIC HORSE RIDING CENTRE



### Staff in Vocational and Training Organisations

### Students in Vocational Training Including students with disabilities

We provide:

Work placements for students in horse riding, horse care and breeding, horse farms, animal farms

Work placements for students with disabilities

Social and cultural programme

Accommodation, transport and practical arrangements

### Study visits

### Work placement

## Work placements

This mobility programme consists of a short duration workplacements (two or three weeks) in the Therapeutic Riding Centre (Kethis) of Serres in Neos Skopos, Greece.

Kethis offers:

- An **indoor horse riding arena** that can accommodate horse riding sessions and therapeutic horse riding,
- a **stable**, where apart from horses there are different farm animals i.e. donkeys, goats, sheep, hens
- the centre fully equipped with a sitting area, a display area, kitchen and toilets



- a children's playground
- a strong feeling of community and a volunteering culture.

In Kethis, we can accommodate workplacements of students that attend study programmes related to horses or farm animals. Moreover, the centre is accessible for students with disabilities, therefore, we can provide workplacements for such students in subjects related to animal care, farm work and cooking. Students with disabilities will attend therapeutic horse riding sessions, during their stay.



A minimum of four and a maximum of ten students will be hosted. Accompanying trainers are welcome as well.

A typical workplacement programme includes the following activities:

- Preparation of horses for riding
- Caring and cleaning of animals
- Feeding and watering of animals
- Cleaning of equipment and stable
- Preparation of horses for therapeutic horse riding sessions
- Assistance to therapeutic horse riding sessions
- Support activities depending on the season (organisation of bazaars, festivals, camps etc)

At the end of the work placement the students will receive the Europass mobility certificate, with learning outcomes.



## Accommodation and subsistence

The groups will be hosted in the guest house of Neos Skopos, in shared rooms. Neos Skopos is a calm village, located at 10 kms from the city of Serres. The guest house has a fully equipped kitchen, sitting area and bathrooms. It is in walking distance from Kethis riding centre and bicycles will be provided.

Subsistence includes three meals. Breakfast, lunch and dinner will be provided in the guest house, in Kethis centre or in local taverns. The participants will also have the necessary equipment and basic ingredients to prepare their own food and snacks.

## Transport

Transport is provided from/to Thessaloniki airport to/from Neos Skopos (Kethis) in a minivan. In addition, bicycles will be provided as means for local transport for the daily transfer between the village and the riding centre, which is located 2.5 km from the village centre.

## Cultural activities

Excursions and common dinners will be organised as part of the cultural programme of the work placement. The Kethis staff and volunteers will make sure that your group will feel the Greek hospitality. Depending on the season, the participants may take part on local festivals and different local activities.

In addition, extra proposed activities are:

- A cultural visit to Thessaloniki, the second largest city of Greece and the most important city in the area. Built near the sea (at the back of the Thermaïkos Gulf), it is a modern metropolis bearing the marks of its stormy history and its cosmopolitan character, which give it a special beauty and charm.
- An excursion to Alistratis Cave, one of the largest and most beautiful caves not only of Greece but also of Europe with total routes of 3 km, accessible for people with disabilities.

## Costs

Organisation of mobility	350 € per person
Accommodation in the guest house and subsistence	40 € per person per day
Transportation from/to airport	300 € for the whole group
Excursion to Thessaloniki	320 € for the whole group
Excursion to Alistratis Cave	270 € for the whole group

